



U.S. Olympic Taekwondo Championship

Sunday October 26, 2025

Location: East Brunswick High School, 380 Cranbury Road East Brunswick

REGISTRATION FORM

All fields must be completed accurately in order to participate

<https://forms.gle/ApDTgF77YFXV2i5MA>



Events

Early Registration Rates: \$110 for 1st event; Each Additional Event: \$20 *Buy boards at venue*
Deadline: Sunday, 10/12/25; **After Registration Deadline** \$10 extra per event; **General Admission:** \$10



2025 US OLYMPIC TaeKwonDo Championship



Location: East Brunswick High School
380 Cranbury Rd, East Brunswick, NJ 08816

COMPETITOR REGISTRATION FORM

Sunday October 26, 2025

Events

Forms/Poomsae

Woodbreaking

Sparring

Total No. of Events: _____ Total Amount Due: \$ _____

Early Registration Rates: \$110.00 for 1st event; Each Additional Event: \$20.00

One event: \$110.00 Two Events: \$130.00 All Three Events: \$150.00

Buy boards at venue General Admission: \$10

Payments must be made to your school's master or headmaster.

Participant Information

**Must be filled in with competitor's information accurately and completely in order to participate.
If you are filling this out for your child, please put their information and not your own*

Name: _____

Gender: MALE FEMALE

Date of Birth: ____ / ____ / ____ Height: ____ ' ____ "

Weight: _____ lbs

Belt Color: _____

BLACK BELTS ONLY

Dan: _____

Forms/Poomsae Athletes Only

Form Name: _____

School & Instructor Information

School Name: _____

Telephone #: () - _____ Master/Headmaster Name: _____

School Address: _____

City: _____ State: _____ Zip Code: _____

E-Mail: _____

Liability Waiver

Release, Waiver of Liability, Assumption of Risk, & Indemnity Agreement

1. Acknowledgment and Assumption of Risk

I, the undersigned, in consideration of participating in the 1st United Black Belt Tournament sponsored by Olympic Gold Medalist Moon Dae Sung & WOTF, acknowledge and voluntarily assume all risks, including but not limited to injury, illness, accidents, death, and travel to and from East Brunswick High School or related activities.

2. Release and Waiver of Liability

For myself, my heirs, and assigns, I release and forever discharge East Brunswick High School, the tournament committee, organizers, volunteers, sponsors, affiliated organizations, coaches, instructors, and all related parties ("Released Parties") from any and all liability, claims, or causes of action, whether from negligence or otherwise, connected to my participation in this tournament.

3. Indemnification

I agree to indemnify and hold harmless the Released Parties from any claims, damages, costs, or expenses (including attorney fees) arising from my participation, including personal injury, property damage, or wrongful death.

4. Tournament Rules and Responsibilities

I agree to abide by all tournament rules and accept full responsibility for my actions and conduct. I waive any claims against USOTC, United Black Belt, or affiliates for injuries or damages incurred.

5. Media Consent

I grant permission for the tournament organizers to record, photograph, or videotape me and to use such media for promotional purposes without compensation.

6. Severability & Acknowledgment

If any portion of this agreement is deemed invalid, the remainder shall remain in effect. I acknowledge that I have read, understood, and voluntarily agree to this waiver, fully aware that I am giving up certain legal rights, including the right to sue.

Contestant Signature: _____

Date: _____ **Emergency Contact**

Parent/Guardian Signature (If contestant is a minor): _____

Date: _____ Name: _____

Telephone Number: _____

Release, Waiver of Liability, Assumption of Risk, & Indemnity Agreement

1. Acknowledgment and Assumption of Risk

I, the undersigned, in consideration for the privilege to participate in the 1st United Black Belt Tournament sponsored by Olympic Gold Medalist Moon Dae Sung, hereby acknowledge and voluntarily assume all risks associated with my participation in the event, including but not limited to risks of personal injury, illness, accidents, or death, as well as risks related to travel to and from the tournament venue (**East Brunswick High School**) or any related activities.

2. Release and Waiver of Liability

I, for myself, my heirs, guardians, executors, personal representatives, assigns, and administrators, hereby irrevocably and unconditionally release, waive, acquit, discharge, and covenant not to sue **East Brunswick High School**, the tournament committee, organizers, volunteers, sponsors, affiliated organizations, coaches, instructors, masters, managers, trainers, doctors, or any other persons or entities involved in the tournament (collectively referred to as "Released Parties"), as well as their officers, directors, employees, agents, affiliates, attorneys, successors, and assigns, from any and all liability, claims, demands, actions, or causes of action, whether arising from negligence or otherwise, that are related in any way to my participation in the tournament.

3. Indemnification Agreement

I further agree to defend, indemnify, and hold harmless the Released Parties from any claims, liabilities, damages, costs, or expenses (including attorney fees) arising out of or related to my participation in the tournament, including but not limited to claims of personal injury, property damage, or wrongful death, whether caused by negligence or otherwise.

4. Acceptance of Tournament Rules and Responsibilities

I hereby submit my application to participate in the U.S. Olympic Taekwondo Championship (USOTC). I understand and agree to abide by all rules and regulations governing the tournament. I further acknowledge that I am fully responsible for my actions and conduct during the event and agree to waive any claims against USOTC or United Black Belt or its affiliates for any injuries or damages I may sustain.

5. Consent for Media Usage

I hereby grant the tournament organizers and their designees the irrevocable right to record, photograph, or videotape my participation in the tournament. I agree that such recordings, photographs, or videos may be used, reproduced, and distributed for promotional, publicity, or marketing purposes in any media now known or hereafter developed, without compensation to me.

6. Severability

I agree that if any portion of this agreement is found to be invalid or unenforceable, the remaining portions shall remain in full force and effect.

7. Acknowledgment of Understanding

By signing below, I acknowledge that I have read and fully understood this Release, Waiver of Liability, Assumption of Risk, and Indemnity Agreement. I voluntarily agree to its terms and understand that I am waiving certain legal rights, including the right to sue the Released Parties.

Participant Information:

- Name (Printed): _____
- Signature: _____
- Date: _____

If Participant is a Minor (Under 18):

- Parent/Guardian Name (Printed): _____
- Parent/Guardian Signature: _____
- Date: _____

The tournament will be governed by **traditional Taekwondo rules and principles**, rather than modern adaptations, with select modifications to enhance the competitors' experience.

Judging will prioritize competitors who demonstrate **strong discipline, respect, and proper etiquette** throughout their performances. Displays of traditional Taekwondo spirit, including **loud and confident yelling (kihap)**, will be highly valued.

Access to the competition floor will be restricted to **Masters, Instructors, Referees, Judges, and Holders** who are actively involved in the match of their respective students. **Parents and spectators are strictly prohibited from entering the competition floor at any time.**

Poomsae (Forms) Rules:

- Only forms recognized by the World Taekwondo Federation are allowed.
 - For Color Belts: Palgae 1-8 & Taegeuk 1-8
 - For Black Belts: Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo, Ilyeo

Competition Guidelines:

- All competitors must perform independently (without assistance).
- Competitors will compete in groups of up to 4 participants.
- The form performed by competitors must be **within reason**. For example, no color belts can perform black belt level forms, black belts should not perform anything below Taegeuk 8, a yellow belt should not be performing Taegeuk 7, etc.

Scoring and Judging:

- Scoring will be determined by one central judge and two additional referees.
- The judging criteria will emphasize:
 - Strength
 - Discipline
 - Focus
 - Confidence
 - Knowledge of Forms
- After each performance, the referees and the central judge will evaluate the competitors and select a winner by raising either a blue flag or a red flag to indicate the victor.

Tiebreaker:

- In the event of a tie or discrepancy, the central judge will make the final decision based on overall performance and may ask for a rematch if deemed necessary.

Sparring Rules:

Mandatory Equipment:

- **Proper Uniform**
- **All Sparring Gear:**
 - Head Gear
 - Chest Protector
 - Forearm Guard (for black belts and color belt 11 & Up)
 - Shin & Instep Guard
 - Mouthpiece
 - Groin Cup (for Males)
 - Gloves

Note: ALL competitors must wear ALL protective equipment – NO EXCEPTIONS!!!

Competitors who are not wearing their gear at the time of their match will NOT be allowed to participate and will be disqualified.

Match Format:

- All **BLACK BELT** matches will consist of TWO (2) rounds lasting 1 minute each, with a 30-second break in between rounds. **No coaching will be allowed.**
- All **COLOR BELT** matches will consist of TWO (2) rounds lasting 50 seconds each, with a 30 second-break in between rounds. **No coaching will be allowed.**

(Match-ups will consider age, belt level, gender, and size)

Scoring Criteria:

- Punch: 1 point
- Forward Moving Kick (e.g. Roundhouse/Side Kick): 2 points
- Turning Kick (e.g. Back/Tornado Kick): 4 points

JUDGING: One central referee will assign all points during the matches and one central staff member will track points. **The match will automatically end if there is a 15 point gap.**

Breaking Rules:

General Rules

- Board Breaking is performed at **3 Stations**, with one technique executed at each station.
 - All boards must be purchased from our vendor prior to competing.
 - At each station, competitors aged 7 or above will receive a maximum of **3 attempts** to break the board. No more than **5 attempts** are allowed for children under age 7 (all 2nd attempts and onward will result in deductions).
 - Board Breaking must follow the required **techniques for each belt** as outlined below. Failure to use the correct techniques or demonstrate proper etiquette will result in deductions.
 - **Masters/instructors from the competitor's school are not permitted to hold boards for their students.** The only exception is for children younger than 5 below yellow belt. To keep things simple for these younger competitors, their Master may hold all 3 techniques at one station.
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Judging Criteria:

Judging will be based on the following:

1. **Discipline**
 2. **Execution** (power)
 3. **Ki-ahp** (volume and intensity)
 4. **Accuracy**
 5. **Number of Attempts** (less is better)
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Judging System:

- Judges will decide the winner using points.
 - In the event of a tie, the winner will be determined by the performance of **1 final breaking showdown** (all showdown boards are provided by the host).
 - The above circumstance is the only time a board will be provided; otherwise, contestants must purchase their own boards at the venue.
 - All performances should follow the demonstration videos provided to all Masters by United Black Belt, which also outline the specific judging criteria.
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Belt-Level Techniques:

Belt	Technique 1	Technique 2	Technique 3
White – Yellow	Hammer Fist	Front Kick	Axe Kick
Orange – Blue	Knife Hand (diagonal)	Roundhouse Kick	Step Side Kick
Brown - Red/Black	Jumping Elbow (straight down)	Jumping Front Kick (no run)	Jumping Side Kick (running)
Black Belt	Spinning Hook Kick	Jumping Tornado Kick	Freestyle
High Dan (3rd and up)	Freestyle	Freestyle	Freestyle

SHOWDOWN BREAKING: The showdown is to determine the final winner amongst the two victors of round 1 for ONE final breaking. Please ensure your students are adequately prepared to perform the following also: **White-Yellow: Axe Kick**, **Orange-Blue: Front Leg Roundhouse Kick**, **Brown-R/B: Back Kick**, **Black: Jumping Tornado**.

SCHEDULE OF EVENTS (subject to change)

(all competitors should arrive at least 20 minutes prior to scheduled times to account for possible schedule changes during the day of the tournament other circumstances such as traffic; **all times are subject to change**)

1. Saturday, October 25, 2025

4:00-6:00 PM Setup and preparation of the tournament at venue

2. Sunday, October 26, 2025 Competition Day

7:30 AM UBB Staff Arrival, 8:00 AM Masters, Officials, and Referees meeting

8:30 AM Doors open & check in begins (black belt)

9:00 AM - 9:45 AM

Competition for All Black Belt Age 16 & Up (all divisions)

9:45 AM - 11:15 AM

Competition for All Black Belt Age 13-15 (all divisions)

11:15 AM - 12:30 PM

Competition for All Black Belt Under 13 (all divisions)

12:30 Opening Ceremony & Lunch Time (UBB Demo, World Champion Eric Gun Demo)

1:30 PM - 2:45 PM

Competition for All Color Belt Age 7 and Under (all divisions)

2:45 PM - 4:15 PM

Competition for All Color Belt Age 8-10 (all divisions)

4:15 PM

Competition for All Color Belt Age 11 & Up (all divisions)

Please arrive 20 minutes early to your scheduled time!

Other Rules & Considerations

Etiquette Rule for all 3 Divisions:

Discipline and etiquette are the foundation of our tournament. Students who do not uphold these standards will receive deductions. Examples include improper posture or bowing, incorrectly tied belt, dirty uniform, lack of ki-hap, and insufficient demonstration of formality or respect.

Extension Rounds:

In the event of an extenuating circumstance where a ruling is deemed inconsistent, unfair, or unclear, a rematch or extension round may be held at the discretion of Grandmaster Kim, Head Master Eugene, or Master Hyungjin.

Coaching:

There is NO coaching allowed for our tournament. The exception to this rule is for young competitors aged <5 years for board breaking division ONLY.

All rules, guidelines, and schedule are subject to change at the discretion of Grandmaster Jae Ho Kim or Headmaster Eugene.